
La Luna - Extravaganza Menu

The Restaurant La Luna At Gaia Hotel & Reserve

DINNER

SOUPS & SALADS

Your Choice of

Costa Rican Vegetable Soup

A delicious blend of vegetables & pasta simmered slowly in a hearty chicken broth

Gaia House Salad

Red-leaf & frisee greens showered with roasted diced beets, parmesan cheese shavings, papaya, almonds & homemade plantain "croutons" presented with rolled sliced cucumbers and accompanied by a fine vinaigrette composed with rosemary, mint & basil notes

Honey-Garlic Calamari Salad

Served in a rice paper basket with a bed of field greens & chopped local tomatoes

APPETIZERS

Your Choice of

Gorgonzola & Sun-Dried Tomato Tart

Sautéed sun dried tomatoes, & fresh gorgonzola cheese baked to perfection inside a house pastry topped off with caramelized red onions, served over a roasted mushroom ragout

Caribbean Mahi-Mahi Ceviche

Local Mahi-Mahi served Costa Rica style marinated (lemon juice, ginger, onion, garlic & celery) in an avocado half, accompanied with fried yucca, a chili pepper Caribbean aioli-\$ 13

MAIN COURSES

Your Choice of

Plantain & Coconut Crusted Mahi-Mahi*

Local Mahi-Mahi with a crispy fried plantain & baked coconut-crust accompanied with

Yucca puree and rolled vegetables served with an anise mango sauce

Caribbean Curried Chicken or Fish

A typical dish from the Caribbean coast, prepared from chicken breast cubes cooked with fine aromatic herbs, coconut milk and Caribbean curry, all served on basmati rice or pureed yucca and sweet potatoes

Costarican Casados

Chicken or fish accompanied with black beans & basmati rice, mixed green salad, fried plantains and picadillo (chopped, sautéed, mixed vegetables)

B.B.Q Burgers

Two 4-oz hamburgers brushed with B.B.Q. sauce, topped with lettuce, tomato, pickles & sweet glazed onion

VEGETARIAN MENU

Vegetarian Ceviche

Costa Rica style marinated lentils (lemon juice, ginger, onion, garlic & celery) in an avocado half, accompanied with fried yucca, a chili pepper

Caribbean aioli

MAIN COURSES

Rice Cake with Heart of Palm

This traditional recipe from the northern zone of the central plateau, is prepared with basmati rice, peas, hearts of palm, baked and grilled with Turrialba cheese, sweet cream and eggs, accompanied with honey and cinnamon carrots

Palm Fruit Pasta (contains lactose products)

A delicious traditional dish from the central region in Costa Rica, made with spaghetti & a sauce made from palm tree fruit and local cheese

VEGAN MENU

Grilled Vegetables With Chia & Mustard Dressing

A delicious blend of eggplant, sweet pepper & potato, prepared with olive oil and served with mustard dressing with chia

MAIN COURSES

Vegetable Pasta With Fresh Mushrooms and Portobello

This recipe has a lot of influence from different cultures, is prepared with portobello and fresh mushrooms, peas, carrots, broccoli, sweet pepper and red onion in a soy sauce

Vegan Eggplant Lasagna

This dish from the Cartago Area of Costa Rica is a delicious blend of pasta slices and vegetables; (thinly sliced mushrooms, red onions, zucchini, sweet peppers, eggplant, and carrots) composed with a vegan white sauce made with coconut milk and our seasoned tomato, garlic and basil sauce

DESSERT

House Delights: Our homemade ice creams include
Chocolate, Vanilla 3 scoops

Sorbet "Martini" - House sorbet available in either Passion Fruit or
Blackberry flavors

Cinnamon Scented Churros - Filled with blackberry, chocolate & dulce de
leche sauces

BEVERAGES

Your choice of:

Fresh Fruit Juices, Coffee Or Tea