



## Signature Journeys

With Nature as our teacher, Terra Spa's "Journeys" are designed to provide you with highly therapeutic experiences. We recommend to follow the order presented for a deeply cleansing and restorative holiday or you may chose according to your needs. 2 hours - \$200.00

### Purify

Perfect to begin your holiday, this journey awakens the senses and clears the mind. Commence with a Herbal Steam Bath, followed by a Volcanic Clay & Seaweed Wrap. Continue with a therapeutic 30 minutes Massage specially designed to drain out toxins. The techniques and herbs used will leave you with a feeling of lightness and deep relaxation.

### Rejuvenate

This treatment is harmonizing and rebalancing. Begin with a Rosemary, Ginger & Wild Honey exfoliation to remove dead skin cells while stimulating the circulatory system. A Vichy Rain Shower will then cleanse your skin and relax your senses. A Thyme & Calendula 60 minutes massage will leave you deeply relaxed and rejuvenated, ready to enjoy the tropical sun!

### Nurture

This journey is nurturing and soothing, starting with a dry brush of the skin to stimulate the lymphatic system potentiating the effects of the rich moisturizing Cocoa Body Wrap. Crowned with a Naturally Exquisite Mini Facial with head, back neck and shoulders massage, finish with the application of our lusciously delicious mango, lavender & cacao balm.

### Repair

A highly effective body & face sun repair treatment that heals and pampers sun kissed skin. A soothing Aloe Vera Wrap combining the healing properties of cucumber, lavender oil, and vitamin C to cool down, hydrate and refresh sun-exposed skin; complemented with a repairing Hydration Lust Facial and a soothing reflexology foot massage.